

CENTER FOR OPEN AND DISTANCE EDUCATION
SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA
(Declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)
Eknath Bhavan, # 19, Gavipuram Circle, Kempegowda Nagar, Bangalore 560019, India

CODE DYT EXAMINATION TIME TABLE MARCH 2026 PCP

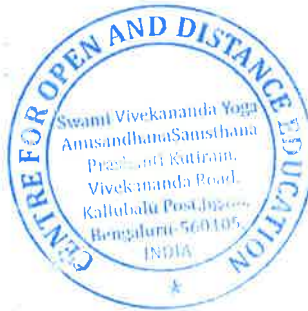
Date :09/01/2026

Exam Mode: **OFFLINE**

Venue: **CODE Office**

Date	Morning Session Timings: 9:30am -12:30 pm	Afternoon Session Timings : 2:00pm -5:00 pm
12 th March 2026 Thursday	DYT 101 (Theory) Yoga therapy Principle & applications, Ayurveda & Naturopathy	DYT- P 108 (Practical) Advance Yoga Techniques (Advance Asanas & Kriyas)
13 th March 2026 Friday	DYT 102 (Theory) Anatomy & Physiology	DYT- P 108 (Practical) Advance Yoga Techniques (Advance Pranayama)
14 th March 2026 Saturday	DYT 103 (Theory) Introduction to Sanskrit & Yoga Text	DYT- P 108 (Practical) Advance Yoga Techniques (Advanced Yoga Techniques)
15 th March 2026 Sunday	DYT 104 (Theory) Common Ailments-I	DYT P 106 & DYT 107 Yoga Therapy Training for common Ailments 1 & 2
16 th March 2026 Monday	DYT 105 (Theory) Common Ailments-II	DYP 108 (Theory) Teaching Techniques
17 th March 2026 Tuesday	Case studies Presentation	Case studies Presentation


Dr. Natesh Babu
Director




Dr. Satyapriya Maharana
Examination In-Charge


Dr. Gaurav Sinha
Controller of Examinations

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DATE:09/01/2026

**CODE BSc 1st SEMESTER REGULAR EXAMINATION
TIME TABLE – MARCH 2026 PCP**

Exam Mode: **OFFLINE**

Venue: **CODE Office**

Date	Morning Session Timings: 9:30am -12:00 pm	Afternoon Session Timings : 2:00pm -4:30 pm
22 nd March 2026 Sunday	BST 101 (Theory) Anatomy & Physiology	BST 102 (Theory) Human system according to yoga
23 rd March 2026 Monday	BST 103 (Theory) Introduction to Sanskrit	BST 104 (Theory) Yoga & Education
24 th March 2026 Tuesday	BSP 104 Psychology Lab Training	BSP 101 (Practical) Yoga for personality Development
25 th March 2026 Wednesday	BSP 102 Computer & Statistics	BSP 103 (Practical) Vedic chanting & Devotional music


Dr. Natesh Babu
Director




Dr. Satyapriya Maharana
Examination In-Charge


Dr. Gaurav Sinha
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Ekmath Bhavan, # 19, Gavipuram Circle, Kempegowda Nagar, Bangalore 560019, India

DATE: 09/01/2026

CODE BSc 2nd SEMESTER REGULAR EXAMINATION
TIME TABLE - MARCH 2026 PCP

Exam Mode: **OFFLINE**

Venue: **CODE Office**

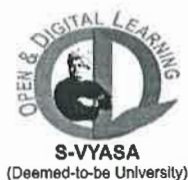
Date	Morning Session Timings:5.30am-7:00am	Morning Session Timings: 9:30am -12:00 pm	Afternoon Session Timings : 2:00pm -4:30 pm
30 th March 2026 Monday	-----	BST 201 (Theory) Yoga Psychology & Counselling	BST 202 (Theory) Patanjali Yoga Sutras
31 st March 2026 Tuesday	-----	BST 203 (Theory) Hatha Yoga	BST 204 (Theory) First Course in Sanskrit
1 st April 2026 Wednesday	-----	BST 202 (Theory) Introduction to classical Yogasanas	BSP 201 (Practical) Advance Yogasanas
2 nd April 2026 Thursday	BSP 201 (Practical) Advance Kriyas	-----	-----


Dr. Natesh Babu
Director




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DATE: 09/01/2026

CODE BSc 3rd SEMESTER REGULAR EXAMINATION
TIME TABLE – MARCH 2026 PCP

Exam Mode: **OFFLINE**

Venue: **CODE Office**

Date	Morning Session Timings: 9:30am -12:00 pm	Afternoon Session Timings : 2:00pm -4:30 pm
7 th April 2026 Tuesday	BST 301 (Theory) AYUSH	BSP 301 (Practical) Advance Pranayama & Meditation
8 th April 2026 Wednesday	BST 302 (Theory) Classical meditation Techniques	BSP 302 (Practical) Yoga for common Ailments
9 th April 2026 Thursday	BST 303 (Theory) Common Ailments	
10 th April 2026 Friday	BST 304 (Theory) Research Methodology	


Dr. Natesh Babu
Director




Dr. Satyapriya Maharana
Examination In-Charge


Dr. Gaurav Sinha
Controller of Examinations

CODE BSc 4th SEMESTER REGULAR EXAMINATION TIME TABLE
MARCH 2026 PCP

Exam Mode: **OFFLINE**

Venue: **CODE Office**

Date	Morning Session Timings: 9:30am -12:00 pm	Afternoon Session Timings : 2:00pm -4:30 pm
15 th April 2026 Wednesday	BST 401 (Theory) Message of Vedas & Upanishads	BSP 501 (Practical) Advance Techniques
16 th April 2026 Thursday	BST 402 (Theory) Introduction to Darshanas	-----
17 th April 2026 Friday	BST 403 (Theory) Epics & Puranas	-----



Dr. Natesh Babu
Director



Dr. Satyapriya Maharana
Examination In-Charge



Dr. Gaurav Sinha
Controller of Examinations

CODE BSc 5th SEMESTER REGULAR EXAMINATION TIME TABLE
MARCH 2026 PCP

Exam Mode: **OFFLINE**

Venue: **CODE Office**

Date	Morning Session Timings: 9:30am -12:30 pm	Morning Session Timings: 9:30am -11pm
23 rd April 2026 Thursday	BST 501 (Theory-Regular) Narada Bhakti Sutras	<i>BST 501 (Theory-Back Paper)</i> <i>Narada Bhakti Sutras</i>
24 th April 2026 Friday	BST 502 (Theory-Regular) Bhagavad Gita	<i>BST 502 (Theory-Back paper)</i> <i>Bhagavad Gita</i>
25 th April 2026 Saturday	BST 503 (Theory-Regular) Applications of Yoga	<i>BST 503 (Theory- Back paper)</i> <i>Applications of Yoga</i>
26 th April 2026 Sunday	BST 504 (Theory-Regular) Cultural History of India	<i>BST 504 (Theory- Back paper)</i> <i>Cultural History of India</i>
27 th April 2026 Monday	BST 505 (Theory-Regular) Constitution of India	<i>BST 505 (Theory- Back paper)</i> <i>Constitution of India</i>
28 th April 2026 Tuesday	BSP 502 (Theory-Regular) Teaching Techniques	<i>BSP 502 (Theory- Back paper)</i> <i>Teaching Techniques</i>
29 th April 2026 Wednesday	BST 601 (Theory-Regular) Environmental Studies	<i>BST 601 (Theory- Back paper)</i> <i>Environmental Studies</i>


Dr. Natesh Babu
Director


Dr. Gaurav Sinha
Controller of Examinations




Dr. Satyapriya Maharana
Examination In-Charge

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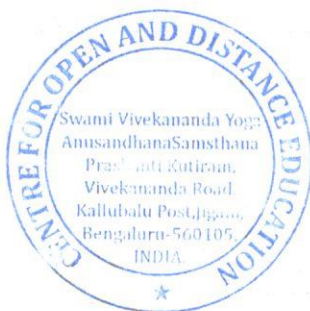
**CODE BSc BACK PAPER EXAMINATION TIME TABLE
I, II, III, IV & V Semester – MARCH 2026 PCP**

Exam Mode: **OFFLINE**

Venue: **CODE Office**

Date	Morning Session Timings: 9:30am -12:00 pm	Afternoon Session Timings: 2:00 p.m. -4.30 pm	Afternoon Session Timings: 4.30 pm – 05:30pm
21 st April 2026	BST 101	BST 102	BSP 101
22 nd April 2026	BST 103	BST 104	---
23 rd April 2026	BST 501	BSP 104	BSP 103
24 th April 2026	BST 502	BST 201	BSP 102
25 th April 2026	BST 503	BST 202	BSP 201
26 th April 2026	BST 504	BST 203	---
27 th April 2026	BST 505	BST 204	---
28 th April 2026	BSP 502	BST 205	---
29 th April 2026	BST 601	BST 301	BSP 301/ BSP 302
30 th April 2026	BST 302	BST 303	---
1 st May 2026	BST 304	BST 401	BSP 501
2 nd May 2026	BST 402	BST 403	---

Dr. Natesh Babu
Director



Dr. Satyapriya Maharana
Examination In-Charge

Satyapriya

Dr. Gaurav Sinha
Controller of Examinations

CODE MSc 1st SEMESTER REGULAR EXAMINATION
TIME TABLE – MARCH 2026 PCP

Exam Mode: **OFFLINE**

Venue: Santosha Hall

Date	Morning Session Timings: 9:00am -12:00 pm	Afternoon Session Timings : 2:30pm -5:00 pm
22 th March 2026 Sunday	Regular Practical: MSP 101 Yoga Practice 1 & MSP 102 Yoga Practice	Regular Theory: MST 101 Introduction to Sanskrit
23 rd March 2026 Monday	Regular Practical: MSP 103 Yoga Therapy Technique-1	Regular Theory: MST 102 Anatomy & Physiology
24 th March 2026 Tuesday	Regular Practical: MSP 303 Advanced Yoga Techniques	Regular Theory: MST 103 Vedas, Upanishads and Darshanas
25 th March 2026 Wednesday	Regular Theory: MST 104 Yoga Philosophy And Health	


Dr. Natesh Babu
Director




Dr. Gaurav Sinha
Controller of Examinations


Dr. Krishna Chaitanya
MSc Course Coordinator


Dr. Satyapriya Maharana
Examination In-Charge

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(Declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)
Eknath Bhavan, # 19, Gavipuram Circle, Kempegowda Nagar, Bangalore 560019, India

Date: 29/12/2025

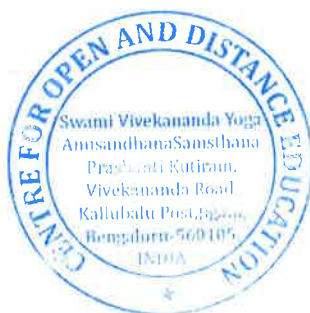
**CODE MSc 2nd SEMESTER REGULAR EXAMINATION
TIME TABLE - MARCH 2026 PCP**

Exam Mode: **OFFLINE**

Venue: **Santosha Hall**

Date	Morning Session Timings: 9:00am -12:30 pm	Afternoon Session Timings : 2:30pm -5:00 pm
30 th March 2026 Monday	Regular Practical: MSP 201 Yoga Therapy Technique- 2	Regular Theory: MST 201 Bhagavad Gita
31 st March 2026 Tuesday	Regular Theory: MSP 104 Psychology Lab Training	Regular Theory: MST 202 Yoga For Common Ailments
1 st April 2026 Wednesday	Regular Theory: MST 204 Patanjali Yoga Sutra	Regular Theory: MST 203 Research Methodology


Dr. Natesh Babu
Director




Dr. Gaurav Sinha
Controller of Examinations


Dr. Krishna Chaitanya
MSc Course Coordinator


Dr. Satyapriya Maharana
Examination In-Charge

**CENTER FOR OPEN AND DISTANCE EDUCATION
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(Declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)
Eknath Bhavan, # 19, Gavipuram Circle, Kempegowda Nagar, Bangalore 560019, India

Date: 26/04/2025

**CODE MSc 3rd SEMESTER REGULAR EXAMINATION
TIME TABLE – MARCH 2026 PCP**

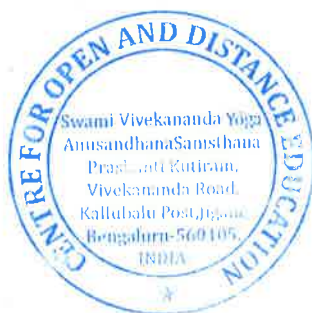
Exam Mode: **OFFLINE**

Venue: **Santosha**

Date	Morning Session Timings: 9:00am -12:30 pm	Afternoon Session Timings : 2:30pm -5:00 pm
8 th April 2026 Wednesday	Regular Practical: MSP 301 Advance Asana & Kriya	Regular Theory: MST 301 Philosophy Science & Consciousness
9 th April 2026 Thursday	Regular Practical: MSP 302 Advance Pranayama & Meditation	Regular Theory: MST 302 Yoga & Others System of Healing
10 th April 2026 Friday	Regular Practical: MSP 202 Research Methodology Lab	Regular Theory: MST 303 Narada Bhakti Sutra



Dr. Natesh Babu
Director




Dr. Gaurav Sinha
Controller of Examinations



Dr. Krishna Chaitanya
MSc Course Coordinator



Dr. Satyapriya Maharana
Examination In-Charge

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Date: 26/04/2025

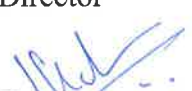
CODE MSc BACK PAPER EXAMINATION TIME TABLE
1st Semester, 2nd Semester & 3rd Semester Examination- March 2026 PCP

Exam Mode: **OFFLINE**

Venue: **Santosha & CODE Office**

Date	Morning Session Timings: 9:30am -12:30 pm	Afternoon Session Timings :2:00pm-3:00pm	Evening Session Timings:3:00pm-4:30pm
5 th April 2026 Sunday	Back Paper Practical: MSP 303 Advance Yoga Techniques	Back Paper Practical: MSP 101 & MSP 102 Yoga Practice 1 & 2	Back Paper Practical: MSP 103 Yoga Therapy Technique-1
6 th April 2026 Monday	Back Paper Theory: MST 101 Introduction to Sanskrit	Back Paper Theory: MST 102 Anatomy & Physiology	
7 th April 2026 Tuesday	Back Paper Theory: MST 103 Vedas, Upanishads and Darshanas	Back Paper Theory: MST 104 Yoga Philosophy and Health	
8 th April 2026 Wednesday	Back Paper Practical: MSP 301 Advance Asana & Kriya	Back Paper Theory: MST 301 Philosophy Science & Consciousness	
9 th April 2026 Thursday	Back Paper Practical: MSP 302 Advance Pranayama & Meditation	Back Paper Theory: MST 302 Yoga & Others System of Healing	
10 th April 2026 Friday	Back Paper Practical: MSP 202 Research Methodology Lab	Back Paper Theory: MST 303 Narada Bhakti Sutra	
13 th April 2026 Monday	Back Paper Theory: MST 201 Bhagavad-Gita	Back Paper Theory: MST 202 Yoga For Common Ailments	
14 th April 2026 Tuesday	Back Paper Theory: MST 203 Research Methodology	Back Paper Theory: MST 204 Patanjali Yoga Sutra	
15 th April 2026 Wednesday	Back Paper Theory: MSP 104 Psychology Lab Training	Back Paper Practical: MSP 201 Yoga Therapy Technique-2	


Dr. Natesh Babu
Director


Dr. Krishna Chaitanya
MSc Course Coordinator




Dr. Gaurav Sinha
Controller of Examinations

Dr. Satyapriya Maharana
Examination In-Charge



CENTER FOR OPEN AND DISTANCE EDUCATION, S-VYASA

DYT Exam Invigilation and Practical Examiner Duty

Examination in-Charge: Dr. Satyapriya Maharana.

Chief Superintendent- Dr. Prasanth

Squad – Dr. Sathyaprakash

Date	Subjects	Morning Session Timings: 9:30am -12:30 pm
12 th March 2026 Thursday	DYT 101 (Theory) Yoga therapy Principle & applications, Ayurveda & Naturopathy	Venue: CODE Office: Mrs. Taponi, Dr. Sridevi
13 th March 2026 Friday	DYT 102 (Theory) Anatomy & Physiology	Venue: CODE Office: Mrs. Taponi, Dr. Sridevi
14 th March 2026 Saturday	DYT 103 (Theory) Introduction to Sanskrit & Yoga Text	Venue: CODE Office: Mrs. Taponi, Ms. Simla
15 th March 2026 Sunday	DYT 104 (Theory) Common Ailments-I	Venue: CODE Office: Mrs. Taponi, Ms. Simla
16 th March 2026 Monday	DYT 105 (Theory) Common Ailments-II	Venue: CODE Office: Mrs. Taponi, Dr. Moulya
17 th March 2026 Tuesday	ODL_DYT_FW 109 Case studies presentation	Venue: CODE Office: Ms. Simla, Dr.Mangesh

Date	Subjects	Afternoon Session Timings : 2:00pm -5:00 pm
12 th March 2026 Thursday	DYT- P 108 (Practical) (Advance Asanas & Kriyas)	Venue: CODE Office: Ms. Simla, Dr.Mangesh
13 th March 2026 Friday	DYT- P 108 (Practical) (Advance Pranayama)	Venue: CODE Office: Ms. Simla, Dr.Mangesh
14 th March 2026 Saturday	DYT- P 108 (Practical) (Advance Yoga Techniques)	Venue: CODE Office: Ms. Simla, Dr.Mangesh
15 th March 2026 Sunday	DYT P 106 & DYT 107 Yoga Therapy Training for common Ailments 1 & 2	Venue: CODE Office: Ms. Simla, Dr.Mangesh
16 th March 2026 Monday	DYP 108 (Theory) Teaching Techniques	Venue: CODE/DDE Office: Mrs. Taponi, Ms. Simla

CODE, CENTER FOR OPEN AND DISTANCE EDUCATION, S-VYASA

BSc Yoga: 2nd PCP (1st Semester Exams) March 2026

INVIGILATION DUTY

Examination In-Charge: Dr. Satyapriya Maharana

Chief Superintendent: Dr. Prasanth

Deputy Chief Superintendent: Dr. Ankita

Squad: Dr. Girishankar

Date	Subjects	Morning Session Timings: 9:30am -12:00 pm
22 nd March 2026 Sunday	BST 101 (Theory) Anatomy & Physiology	<u>Venue: CODE Office:</u> Ms. Kanupriya, Dr. Sridevi
23 rd March 2026 Monday	BST 103 (Theory) Introduction to Sanskrit	<u>Venue: CODE Office:</u> Ms. Kanupriya, Dr. Sridevi
24 th March 2026 Tuesday	BSP 104 Psychology Lab Training	<u>Venue: CODE Office:</u> Dr. Snigdha, Dr. Sridevi
25 th March 2026 Wednesday	BSP 102 Computer & Statistics	<u>Venue: CODE Office:</u> Ms. Sangeetha

Date	Subjects	Afternoon Session Timings : 2:00pm -5:00 pm
22 nd March 2026 Sunday	BST 102 (Theory) Human system according to yoga	<u>Venue: CODE Office:</u> Ms. Sangeetha , Dr. Shishira
23 rd March 2026 Monday	BST 104 (Theory) Yoga & Education	<u>Venue: CODE Office:</u> Mr.Sailesh, Dr. Shishira
24 th March 2026 Tuesday	BSP 101 (Practical) Yoga for personality Development	<u>Venue: CODE Office:</u> Mr. Sailesh Pradhan, Ms. Dolly
25 th March 2026 Wednesday	BSP 103 (Practical) Vedic chanting & Devotional music	<u>Venue: CODE Office:</u> Mrs. Rama, Mr. Arun Balachandran

CODE, CENTER FOR OPEN AND DISTANCE EDUCATION, S-VYASA

BSc Yoga: 3rd PCP (2nd Semester Exams) March 2026

INVIGILATION DUTY

Examination In-Charge: Dr. Satyapriya Maharana

Chief Superintendent: Dr. Prasanth

Deputy Chief Superintendent: Dr. Ankita

Squad: Dr. Girishankar

		Morning Session Timings: 9:30am -12:00 pm
Date	Subjects	
30 th March 2026 Monday	BST 201 (Theory) Yoga Psychology & Counselling	<u>Venue: CODE Office:</u> Ms. Sangeetha, Dr. Moulya
31 st March 2026 Tuesday	BST 203 (Theory) Hatha Yoga	<u>Venue: CODE Office:</u> Ms. Sangeetha, Dr. Moulya
1 st April 2026 Wednesday	BST 202 (Theory) Introduction to classical Yogasanas	<u>Venue: CODE Office:</u> Ms. Sangeetha, Dr. Moulya
2 nd April 2026 Thursday	BSP 201 (Practical) Advance Kriyas Timing : 6am to 7am	<u>Venue: CODE Office:</u> Mr. Sailesh Pradhan,

		Afternoon Session Timings : 2:00pm -5:00 pm
Date	Subjects	
30 th March 2026 Monday	BST 202 (Theory) Patanjali Yoga Sutras	<u>Venue: CODE Office:</u> Mr. Sailesh, Dr. Pallavi
31 st March 2026 Tuesday	BST 204 (Theory) First Course in Sanskrit	<u>Venue: CODE Office:</u> Mr. Sailesh, Dr. Pallavi
1 st April 2026 Wednesday	BSP 201 (Practical) Advance Yogasanas	<u>Venue: CODE Office:</u> Mr. Zaeem, Dr. Mangesh

CODE, CENTER FOR OPEN AND DISTANCE EDUCATION, S-VYASA

BSc Yoga: 4th PCP (3rd Semester Exams) March 2026

INVIGILATION DUTY

Examination In-Charge: Dr. Satyapriya Maharana

Chief Superintendent: Dr. Prasanth

Deputy Chief Superintendent: Dr. Ankita

Squad: Dr. Girishankar

Date	Subjects	Morning Session Timings: 9:30am -12:30 pm
7 th April 2026 Tuesday	BST 301 (Theory) AYUSH	<u>Venue: CODE Office:</u> Mrs. Rama, Dr. Sridevi
8 th April 2026 Wednesday	BST 302 (Theory) Classical meditation Techniques	<u>Venue: CODE Office:</u> Ms. Sangeetha, Dr. Sridevi
9 th April 2026 Thursday	BST 303 (Theory) Common Ailments	<u>Venue: CODE Office:</u> Mr. Sailesh, Dr. Sridevi
10 th April 2026 Friday	BST 304 (Theory) Research Methodology	<u>Venue: CODE Office:</u> Mrs. Rama, Dr. Sridevi

Date	Subjects	Afternoon Session Timings : 2:00pm -5:00 pm
7 th April 2026 Tuesday	BSP 301 (Practical) Advance Pranayama & Meditation	<u>Venue: CODE Office:</u> Mr. Sailesh Pradhan, Dr. Mangesh
8 th April 2026 Wednesday	BSP 302 (Practical) Yoga for common Ailments	<u>Venue: CODE Office:</u> Mr. Sailesh Pradhan, Dr. Mangesh

CODE, CENTER FOR OPEN AND DISTANCE EDUCATION, S-VYASA

BSc Yoga: 5th PCP (4th Semester Exams) March 2026

INVIGILATION DUTY

Examination In-Charge: Dr. Satyapriya Maharana

Chief Superintendent: Dr. Prasanth

Deputy Chief Superintendent: Dr. Ankita

Squad: Dr. Satyaprakash

Date	Subjects	Morning Session Timings: 9:30am -12:30 pm
15 th April 2026 Wednesday	BST 401 (Theory) Message of Vedas & Upanishads	<u>Venue: CODE Office:</u> Mr. Sailesh, Dr. Ranjini
16 th April 2026 Thursday	BST 402 (Theory) Introduction to Darshanas	<u>Venue: CODE Office:</u> Dr. Snigdha, Dr. Ranjini
17 th April 2026 Friday	BST 403 (Theory) Epics & Puranas	<u>Venue: CODE Office:</u> Dr. Snigdha, Dr. Ranjini

Date	Subjects	Afternoon Session Timings : 2:00pm -5:00 pm
15 th April 2026 Wednesday	BSP 501 (Practical) Advance Techniques	<u>Venue: CODE Office:</u> Mr. Dileep, Mr. Zaeem

CODE, CENTER FOR OPEN AND DISTANCE EDUCATION, S-VYASA

BSc Yoga: 6th PCP (5th Semester Exams) March 2026

INVIGILATION DUTY

Examination In-Charge: Dr. Satyapriya Maharana

Chief Superintendent: Dr. Prasanth

Deputy Chief Superintendent: Dr. Ankita

Squad: Dr. Satyaprakash

Date	Subjects	Morning Session
		Timings: 9:30am -12:30 pm
23 rd April 2026 Thursday	BST 501 (Theory-Regular) Narada Bhakti Sutras	Venue: CODE: Mrs. Rama, Dr. Prajwal
24 th April 2026 Friday	BST 502 (Theory-Regular) Bhagavad Gita	Venue: CODE: Mrs. Rama, Dr. Prajwal
25 th April 2026 Saturday	BST 503 (Theory-Regular) Applications of Yoga	Venue: CODE: Mr.Sailesh, Dr. Prajwal
26 th April 2026 Sunday	BST 504 (Theory-Regular) Cultural History of India	Venue: CODE: Dr. Mangesh, Mr. Sailesh
27 th April 2026 Monday	BST 505 (Theory-Regular) Constitution of India	Venue: CODE: Mrs. Rithika, Dr. Amshuman R Yadav
28 th April 2026 Tuesday	BST 502 (Theory-Regular) Teaching Techniques	Venue: CODE: Dr. Mangesh, Mr. Sailesh
29 th April 2026 Wednesday	BST 601 (Theory-Regular) Environmental Studies	Venue: CODE: Dr. Snigdha, Dr. Amshuman R Yadav

CODE, CENTER FOR OPEN AND DISTANCE EDUCATION, S-VYASA

BSc Yoga: Back paper Examination (All Semester) March 2026

INVIGILATION DUTY

Examination In-Charge: Dr. Satyapriya Maharana

Date	Morning Session Timings: 9:30am- 12:00pm	Venue: CODE Office	Afternoon Session Timings: 2:00p.m.- 4.30pm	Venue: CODE Office	Afternoon Session Timings: 4.30pm – 05:30pm	Venue: CODE Office
21 st April 2026	BST 101	Dr. Sushmitha	BST 102	Dr. Sushmitha	BSP 101	Mrs. Simla Mr. Dileep
22 nd April 2026	BST 103	Mrs. Simla	BST 104	Mrs. Simla	---	
23 rd April 2026	BST 501	Dr. Prajwal	BSP 104	Mrs. Taponi	BSP 103	Mrs. Simla Mr. Dileep
24 th April 2026	BST 502	Dr. Prajwal	BST 201	Ms. Kanupriya	BSP 102	Mrs. Simla Mr. Dileep
25 th April 2026	BST 503	Dr. Prajwal	BST 202	Ms. Kanupriya	BSP 201	Mrs. Simla Mr. Dileep
26 th April 2026	BST 504	Mr. Sailesh	BST 203	Ms. Kanupriya	---	
27 th April 2026	BST 505	Dr. Amshuman R	BST 204	Ms. Kanupriya	---	
28 th April 2026	BSP 502	Mr. Sailesh	BST 205	Ms. Kanupriya	---	
29 th April 2026	BST 601	Dr. Amshuman R	BST 301	Ms. Kanupriya	BSP 301/ BSP 302	Dr. Mangesh, Mr. Sailesh P
30 th April 2026	BST 302	Ms. Sangeetha	BST 303	Ms. Kanupriya		
1 st May 2026	BST 304	Ms. Sangeetha	BST 401	Mrs. Rama	BSP 501	Dr. Mangesh, Mr. Sailesh P
2 nd May 2026	BST 402	Mrs. Rama	BST 403	Mrs. Rama	---	

CENTER FOR OPEN AND DISTANCE EDUCATION, S-VYASA

MSc Yoga: 2nd PCP - 1st Semester - Invigilation and Practical Examiner Duty- March 2026

Chief Superintendent: Dr. Prasanth

Examination In-Charge: Dr. Satyapriya Maharana

Deputy Chief Superintendent: Dr. Amit Kanthi

Squad: Dr. Vikas Rawat

Date /Time	Subjects	Morning Session (9:00am -12:30pm)
22 th March 2026 Sunday	Regular Practical: MSP 101 Yoga Practice 1 & MSP 102 Yoga Practice	<u>Venue: Yoga Hall:</u> Dr. Snigdha, Ms. Dolly, Mr. Dilip Kumar, Mrs. Rithika K, Dr. Jyothi, Dr. Komal, Dr. Pallavi, Dr. Sushmitha, Dr. Prajwal, Dr. Mangesh Pandey, Mrs. Simla, Mr. Zaeem, Mr. Arun B, Mrs. Gangothri, Dr. Arundhati, Ms. Sreeparna.
23 rd March 2026 Monday	Regular Practical: MSP 103 Yoga Therapy Technique-I	<u>Venue: Yoga Hall:</u> Dr. Snigdha, Ms. Dolly, Mr. Dilip Kumar, Mrs. Rithika K, Dr. Jyothi, Dr. Komal, Dr. Pallavi, Dr. Navya, Dr. Shishira, Dr. Prajwal, Dr. Amshuman R Yadav, Mrs. Simla, Mr. Zaeem, Mrs. Gangothri
24 th March 2026 Tuesday	Regular Practical: MSP 303 Advanced Yoga Techniques	<u>Venue: Yoga Hall:</u> Ms. Dolly, Mr. Dilip Kumar, Mrs. Rithika K, Dr. Jyothi, Dr. Komal, Mrs. Simla, Dr. Mangesh, Mrs. Rama C, Ms. Sangeetha, Mrs. Gangotri, Mr. Sailesh P, Mr. Zaeem,
25 th March 2026 Wednesday	Regular Theory: MST 104 Yoga Philosophy and Health	<u>Venue: Yoga Hall :</u> Ms. Dolly, Dr. Pallavi, Dr. Sridevi, Mrs. Taponi

Date /Time	Subjects	Afternoon Session (2:00pm -5:30 pm)
22 th March 2026 Sunday	Regular Theory: MST 101 Introduction to Sanskrit	<u>Venue: Yoga Hall :</u> Ms. Dolly, Dr. Pallavi, Dr. Sridevi, Mr. Dileep
23 rd March 2026 Monday	Regular Theory: MST 102 Anatomy & Physiology	<u>Venue: Yoga Hall :</u> Ms. Dolly, Dr. Pallavi, Dr. Sridevi, Mrs. Rama
24 th March 2026 Tuesday	Regular Theory: MST 103 Vedas, Upanishads and Darshanas	<u>Venue: Yoga Hall :</u> Dr. Mangesh, Dr. Pallavi, Dr. Sridevi, Mrs. Sangeetha



CENTER FOR OPEN AND DISTANCE EDUCATION, S-VYASA

MSc Yoga 3rd PCP (2nd Semester Exams) - March 2026

Examination In-Charge: Dr. Satyapriya Maharana

Chief Superintendent: Dr. Prasanth

Deputy Chief Superintendent: Dr. Amit Kanthi

Squad: Dr. Vikas Rawat

Date /Time	Subjects	Morning Session (9:30am -12:30 pm)
30 th March 2026 Monday	Regular Practical: MSP 201 Yoga Therapy Technique- 2	<u>Venue: Yoga Hall:</u> Dr. Snigdha, Ms. Dolly, Mr. Dilip Kumar, Mrs. Rithika K, Dr. Jyothi, Dr. Komal, Dr. Pallavi, Dr. Shishira, Dr. Sushmitha, Dr. Prajwal, Dr. Amshuman R Yadav Mrs. Simla
31 st March 2026 Tuesday	Regular Theory: MSP 104 Psychology Lab Training	<u>Venue: Yoga Hall :</u> Mr. Dilip Kumar, Dr. Snigdha, Dr. Mangesh, Dr. Jyothi
1 st April 2026 Wednesday	Regular Theory: MST 204 Patanjali Yoga Sutra	<u>Venue: Yoga Hall :</u> Mr. Dilip Kumar, Dr. Vaishali, Dr. Ranjini Murty, Mrs. Taponi

Date /Time	Subjects	Afternoon Session (2:00pm -5:30 pm)
30 th March 2026 Monday	Regular Theory: MST 201 Bhagavad-Gita	<u>Venue: Yoga Hall :</u> Mr. Dilip Kumar, Dr. Vaishali, Dr. Ranjini Murty, Mrs. Rithika
31 st March 2026 Tuesday	Regular Theory: MST 202 Yoga For Common Ailments	<u>Venue: Yoga Hall :</u> Mr. Dilip Kumar, Dr. Vaishali, Dr. Ranjini Murty, Mrs. Rama
1 st April 2026 Wednesday	Regular Theory: MST 203 Research Methodology	<u>Venue: Yoga Hall :</u> Mr. Dilip Kumar, Dr. Vaishali, Dr. Ranjini Murty, Ms. Kanupriya



CENTER FOR OPEN AND DISTANCE EDUCATION, S-VYASA

MSc Yoga 4th PCP (3rd Semester Exams) - March 2026

Examination In-Charge: Dr. Satyapriya Maharana

Deputy Chief Superintendent: Dr. Amit Kanthi

Squad: Dr. Vikas Rawat

Chief Superintendent: Dr. Prasanth

Date /Time	Subjects	Morning Session (9:00am -12:30 pm)
8 th April 2026 Wednesday	Regular Practical: MSP 301 Advance Asana & Kriya	<u>Venue: Yoga Hall:</u> Dr. Snigdha, Ms. Dolly, Mr. Dilip Kumar, Mrs. Rithika K, Dr. Jyothi, Dr. Komal, Dr. Pallavi, Dr. Navya, Dr. Prajwal, Dr. Amshuman R Yadav, Mr. Sailesh P, Mr. Zaeem, Ms. Rama.
9 th April 2026 Thursday	Regular Practical: MSP 302 Advance Pranayama & Meditation	<u>Venue: Yoga Hall:</u> Dr. Snigdha, Ms. Dolly, Mr. Dilip Kumar, Mrs. Rithika K, Dr. Jyothi, Dr. Komal, Dr. Pallavi, Dr. Navya, Dr. Sushmitha, Dr. Prajwal, Dr. Amshuman R Yadav, Mr. Sailesh P, Mr. Zaeem, Ms. Rama.
10 th April 2026 Friday	Regular Practical: MSP 202 Research Methodology Lab	<u>Venue: Yoga Hall:</u> Dr. Snigdha, Ms. Dolly, Mr. Dilip Kumar, Mrs. Rithika K, Dr. Jyothi, Dr. Komal, Dr. Pallavi, Dr. Navya, Dr. Sushmitha, Mrs. Taponi, Dr. Mangesh, Ms. Kanupriya

Date /Time	Subjects	Afternoon Session (2:00pm -5:30 pm)
8 th April 2026 Wednesday	Regular Theory: MST 301 Philosophy Science & Consciousness	<u>Venue: Yoga Hall :</u> Mrs. Rithika, Dr. Navya, Dr. Moulya, Mrs. Taponi
9 th April 2026 Thursday	Regular Theory: MST 302 Yoga & Others System of Healing	<u>Venue: Yoga Hall :</u> Mrs. Rithika, Dr. Navya, Dr. Shishira, Ms. Kanupriya
10 th April 2026 Friday	Regular Theory: MST 303 Narada Bhakti Sutra	<u>Venue: Yoga Hall :</u> Mrs. Rithika, Dr. Navya, Dr. Moulya, Ms. Sangeetha

CENTER FOR OPEN AND DISTANCE EDUCATION, S-VYASA

MSc Yoga Back Paper Exam Time Table - March 2026

Venue : CODE Office

Date /Time	Morning Session (9:30am -12:30 pm)	Invigilation Duty	Afternoon Session (2:00pm -5:00 pm)	Invigilation Duty	Afternoon Session (2:00pm -5:00 pm)	Examiner Duty
5 th April 2026 Sunday	<i>Back Paper Practical: MSP 303 Advance Yoga Techniques</i>	Mr. Dileep Kumar Mr. Sailesh	<i>Back Paper Practical: MSP 101 & MSP 102 Yoga Practice 1& 2</i>	Mr. Dileep Kumar Mr. Sailesh	<i>Back Paper Practical: MSP 103 Yoga Therapy Technique- 1</i>	Mr. Dileep Kumar Mr. Sailesh
6 th April 2026 Monday	<i>Back Paper Theory: MST 101 Introduction to Sanskrit</i>	Mrs. Rama Dr. Sushmitha	<i>(Back Paper Theory) MST 102 Anatomy & Physiology</i>	Ms. Sangeetha Dr. Shishira		
7 th April 2026 Tuesday	<i>Back Paper Theory: MST 103 Vedas, Upanishads and Darshanas</i>	Ms. Sangeetha Dr. Sushmitha Dr. Jyothi	<i>MST 104 (Back Paper Theory) Yoga Philosophy and Health</i>	Ms. Sangeetha Dr. Moulya	--	--
13 th April 2026 Monday	<i>Back Paper Theory: MST 201 Bhagavad- Gita</i>	Mr. Sailesh P Dr. Ranjini Ms. Dolly	<i>Back Paper Theory: MST 202 Yoga For Common Ailments</i>	Mr. Sailesh P Dr. Shishira Mr. Dileep		
14 th April 2026 Tuesday	<i>Back Paper Theory: MST 203 Research Methodology</i>	Mr. Sailesh P Dr. Ranjini	<i>Back Paper Theory: MST 204 Patanjali Yoga Sutra</i>	Mr. Sailesh P Dr. Ranjini Dr. Snigdha		
15 th April 2026 Wednesday	<i>Back Paper Theory: MSP 104 Psychology Lab Training</i>	Mrs. Rithika Mr. Sailesh P	<i>Back Paper Practical: MSP 201 Yoga Therapy Technique-2</i>	Dr. Mangesh Mr. Sailesh P		



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Eknath Bhavan, # 19, Gavipuram Circle, Kempegowda Nagar, Bangalore 560019, India

EXAM DEPARTMENT: SQUAD REPORT

Name of the Course: DYT
Subject Name: Introduction to Sanskrit & Yoga Text
Date: 14/03/2026
Exam Center/Venue: CODE Office

Semester: I
Subject Code: DYT 1013
Time: 9:30 am to 12:00 pm
Session: Morning Exam Type: Regular

PCP: March 2026

REPORT:

During the examinations, the seating arrangements, attendance, question papers, answer scripts and other examination procedures were verified. The exam. candidates were instructed to follow examination rules and maintain proper discipline throughout the examination.

The examination was conducted peacefully and according to the prescribed guideline. The invigilators and examination staff co-operated well with the supervisor till the examination was completed. Overall the examination was conducted as per the guidelines, smoothly.

Name & Signature.....

Dr. Satya P. Perur



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EXAM DEPARTMENT: SQUAD REPORT

Name of the Course: BSc (Yoga)
Subject Name: Patanjali Yoga Sutras
Date: 30/03/2026
Exam Center/Venue: Yoga Hall

Semester: II PCP: March 2026
Subject Code: BST 202
Time: 2:00 pm to 4:30 pm
Session: Afternoon Exam Type: Regular

REPORT: I visited the examination hall as a member of the Examination Squad & inspected the conduct of the BSc (Yoga) - IInd Semester Examination.

During the inspection, the following were verified

- ① Attendance of the candidates & their identity verification.
- ② Proper seating arrangements of the candidates.
- ③ Presence & functioning of the invigilators.
- ④ Maintenance of discipline & silence in the examination hall.
- ⑤ Proper distribution & handling of Question papers & Answer Scripts.

Observation: - The Examination was being conducted in a peaceful, orderly & disciplined manner. The candidates & invigilator's were following the prescribed examination procedures.

No malpractice or irregularity was observed during the inspection. Overall found to be Satisfactory.

Name & Signature: Dr. Moudala Girishankara K.S.
Regd K.S.



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EXAM DEPARTMENT: SQUAD REPORT

Name of the Course: MSc (Yoga)
Subject Name: Bhagavad Gita
Date: 30/03/2026
Exam Center/Venue: Yoga Hall

Semester: II PCP: March 2026
Subject Code: MST 201
Time: 2:30 pm to 05:00 pm
Session: Afternoon Exam Type: Regular

REPORT: During the squad duty, I visited the examination center and monitored the smooth and fair conduct of examination. The examination arrangements, attendance of students, seating arrangements, maintenance of discipline, and adherence of the prescribed examination rules and regulation were verified.

The examination halls were inspected during the examination sessions, and the activities of students and examination staff were monitored to ensure that the examination was conducted in a fair, transparent and disciplined manner. The examination staff were also advised to strictly follow the prescribed guidelines.

No major irregularities were observed during the visits. Overall, the examination was conducted peacefully and satisfactory with the required rules and procedures being followed.

Name & Signature

Dro Vikas Rawal - 30/03/26