



Centre for Open and Distance Education (CODE)

Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA)

(Deemed-to-be University under Section 3 of the UGC Act, 1956)

Eknath Bhavan, # 19, Gavipuram Circle, Kempegowda Nagar, Bangalore 560 019, India

Proposal for Interchanging Practical Subjects Between Semesters

March 9, 2026

To

Prof. N. K. M. Sharma

Vice Chancellor

S-VYASA

Bengaluru, Karnataka

Subject: Proposal for Interchanging Practical Subjects between Semesters in
MSc Distance Programme

Respected Sir,

Namaste,

This is to bring to your kind notice that, based on faculty inputs and students' feedback, we propose rearranging the Practical Course across the three semesters.

The subjects are as follows:

- ❖ MSP - 104: Psychology Lab - 02 credits
- ❖ MSP - 202: Research Methodology Lab - 02 credits
- ❖ MSP - 303: Advanced Yoga Techniques - 02 credits

Justification for the proposal:

We propose the changes based on restructuring the flow of topics and enhancing connectivity between them.

MSP - 303 (Advanced Yoga Techniques) is shifting to the first semester because the topic is already covered in the YIC syllabus, and to allow students to gain hands-on experience and practice when they come for the Arogyadhama training in the second semester. The subject code for this will be MSP 104.

MSP - 104 (Psychology Lab) to the **second semester**. Since the subject deals with assessing psychological questionnaires in conjunction with the research protocol. Shifting this topic to the second semester will enable students to better understand the research methodology. The subject code for this will be MSP 202.

MSP - 202 (Research Methodology Lab) to the **third semester**. Since this topic deals with the dissertation process, and based on feedback from students, it is becoming difficult for students and faculty to complete the dissertation work in the fourth semester. This change will improve the connectivity and flow of topics between semesters. The subject code for this will be MSP 303.



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Revised Subject codes with the Semester details


Sl. No.	Course Name	Current Semester	Proposed Semester	New Subject Code
1	MSP - 104: Psychology Lab	Semester 1	Semester 2	MSP 202
2	MSP - 202: Research Methodology Lab	Semester 2	Semester 3	MSP 303
3	MSP - 303: Advanced Yoga Techniques	Semester 3	Semester 1	MSP 104


Considering the feedback and justification provided, request that the Board of Academics approve the requested change to the course pattern. We assure you that there is no difference in the distribution of credits, which will enable us to provide a streamlined flow of subjects.

I shall be grateful for your kind consideration.

Thanking you.

Yours sincerely,


Dr. Natash Babu
Director, CODE

*Approved with
one ratification in the
academic council meeting*

13/03/2021

Cc:

- 1) Pro Vice-Chancellor/ Registrar/ Finance Officer
- 2) Controller of Examination/ Deputy Controller of Examination
- 3) Dean of Academics/ Deans of Divisions.

Dr. Manjunath N K, BNYS, Ph.D., D.Litt.
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