

CODE MSc 1st SEMESTER REGULAR EXAMINATION
TIME TABLE – MARCH 2026 PCP


Exam Mode: **OFFLINE**

Venue: Santosha Hall


Date	Morning Session Timings: 9:00am -12:00 pm	Afternoon Session Timings : 2:30pm -5:00 pm
22 th March 2026 Sunday	Regular Practical: MSP 101 Yoga Practice 1 & MSP 102 Yoga Practice	Regular Theory: MST 101 Introduction to Sanskrit
23 rd March 2026 Monday	Regular Practical: MSP 103 Yoga Therapy Technique-1	Regular Theory: MST 102 Anatomy & Physiology
24 th March 2026 Tuesday	Regular Practical: MSP 303 Advanced Yoga Techniques	Regular Theory: MST 103 Vedas, Upanishads and Darshanas
25 th March 2026 Wednesday	Regular Theory: MST 104 Yoga Philosophy And Health	


Dr. Natesh Babu
Director




Dr. Gaurav Sinha
Controller of Examinations


Dr. Krishna Chaitanya
MSc Course Coordinator


Dr. Satyapriya Maharana
Examination In-Charge



**CENTER FOR OPEN AND DISTANCE EDUCATION
SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA**

(Declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)
Eknath Bhavan, # 19, Gavipuram Circle, Kempegowda Nagar, Bangalore 560019, India

Date: 29/12/2025

**CODE MSc 2nd SEMESTER REGULAR EXAMINATION
TIME TABLE - MARCH 2026 PCP**


Exam Mode: **OFFLINE**

Venue: **Santosha Hall**

Date	Morning Session Timings: 9:00am -12:30 pm	Afternoon Session Timings : 2:30pm -5:00 pm
30 th March 2026 Monday	Regular Practical: MSP 201 Yoga Therapy Technique- 2	Regular Theory: MST 201 Bhagavad Gita
31 st March 2026 Tuesday	Regular Theory: MSP 104 Psychology Lab Training	Regular Theory: MST 202 Yoga For Common Ailments
1 st April 2026 Wednesday	Regular Theory: MST 204 Patanjali Yoga Sutra	Regular Theory: MST 203 Research Methodology


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Date: 26/04/2025

**CODE MSc 3rd SEMESTER REGULAR EXAMINATION
TIME TABLE – MARCH 2026 PCP**

Exam Mode: **OFFLINE**

Venue: **Santosha**

Date	Morning Session Timings: 9:00am -12:30 pm	Afternoon Session Timings : 2:30pm -5:00 pm
8 th April 2026 Wednesday	Regular Practical: MSP 301 Advance Asana & Kriya	Regular Theory: MST 301 Philosophy Science & Consciousness
9 th April 2026 Thursday	Regular Practical: MSP 302 Advance Pranayama & Meditation	Regular Theory: MST 302 Yoga & Others System of Healing
10 th April 2026 Friday	Regular Practical: MSP 202 Research Methodology Lab	Regular Theory: MST 303 Narada Bhakti Sutra

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Director



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MSc Course Coordinator

Dr. Satyapriya Maharana
Examination In-Charge

CODE MSc BACK PAPER EXAMINATION TIME TABLE
1st Semester, 2nd Semester & 3rd Semester Examination- March 2026 PCP

Exam Mode: **OFFLINE**

Venue: **Santosha & CODE Office**

Date	Morning Session Timings: 9:30am -12:30 pm	Afternoon Session Timings :2:00pm-3:00pm	Evening Session Timings:3:00pm-4:30pm
5 th April 2026 Sunday	Back Paper Practical: MSP 303 Advance Yoga Techniques	Back Paper Practical: MSP 101 & MSP 102 Yoga Practice 1& 2	Back Paper Practical: MSP 103 Yoga Therapy Technique-1
6 th April 2026 Monday	Back Paper Theory: MST 101 Introduction to Sanskrit	Back Paper Theory: MST 102 Anatomy & Physiology	
7 th April 2026 Tuesday	Back Paper Theory: MST 103 Vedas, Upanishads and Darshanas	Back Paper Theory: MST 104 Yoga Philosophy and Health	
8 th April 2026 Wednesday	Back Paper Practical: MSP 301 Advance Asana & Kriya	Back Paper Theory: MST 301 Philosophy Science & Consciousness	
9 th April 2026 Thursday	Back Paper Practical: MSP 302 Advance Pranayama & Meditation	Back Paper Theory: MST 302 Yoga & Others System of Healing	
10 th April 2026 Friday	Back Paper Practical: MSP 202 Research Methodology Lab	Back Paper Theory: MST 303 Narada Bhakti Sutra	
13 th April 2026 Monday	Back Paper Theory: MST 201 Bhagavad-Gita	Back Paper Theory: MST 202 Yoga For Common Ailments	
14 th April 2026 Tuesday	Back Paper Theory: MST 203 Research Methodology	Back Paper Theory: MST 204 Patanjali Yoga Sutra	
15 th April 2026 Wednesday	Back Paper Theory: MSP 104 Psychology Lab Training	Back Paper Practical: MSP 201 Yoga Therapy Technique-2	


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Director


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