



**CENTER FOR OPEN AND DISTANCE EDUCATION**  
**SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA**

(Declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)  
Eknath Bhavan, # 19, Gavipuram Circle, Kempegowda Nagar, Bangalore 560019, India

**CODE DYT EXAMINATION TIME TABLE MARCH 2026 PCP**

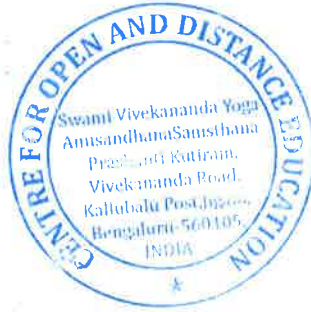
Date :09/01/2026

Exam Mode: **OFFLINE**


Venue: **CODE Office**

Date	Morning Session Timings: 9:30am -12:30 pm	Afternoon Session Timings : 2:00pm -5:00 pm
12 <sup>th</sup> March 2026 Thursday	DYT 101 (Theory) Yoga therapy Principle & applications, Ayurveda & Naturopathy	DYT- P 108 (Practical) Advance Yoga Techniques (Advance Asanas & Kriyas)
13 <sup>th</sup> March 2026 Friday	DYT 102 (Theory) Anatomy & Physiology	DYT- P 108 (Practical) Advance Yoga Techniques (Advance Pranayama )
14 <sup>th</sup> March 2026 Saturday	DYT 103 (Theory) Introduction to Sanskrit & Yoga Text	DYT- P 108 (Practical) Advance Yoga Techniques (Advanced Yoga Techniques)
15 <sup>th</sup> March 2026 Sunday	DYT 104 (Theory) Common Ailments-I	DYT P 106 & DYT 107 Yoga Therapy Training for common Ailments 1 & 2
16 <sup>th</sup> March 2026 Monday	DYT 105 (Theory) Common Ailments-II	DYP 108 (Theory) Teaching Techniques
17 <sup>th</sup> March 2026 Tuesday	Case studies Presentation	Case studies Presentation

  
**Dr. Natesh Babu**  
Director



  
**Dr. Satyapriya Maharana**  
Examination In-Charge

  
**Dr. Gaurav Sinha**  
Controller of Examinations